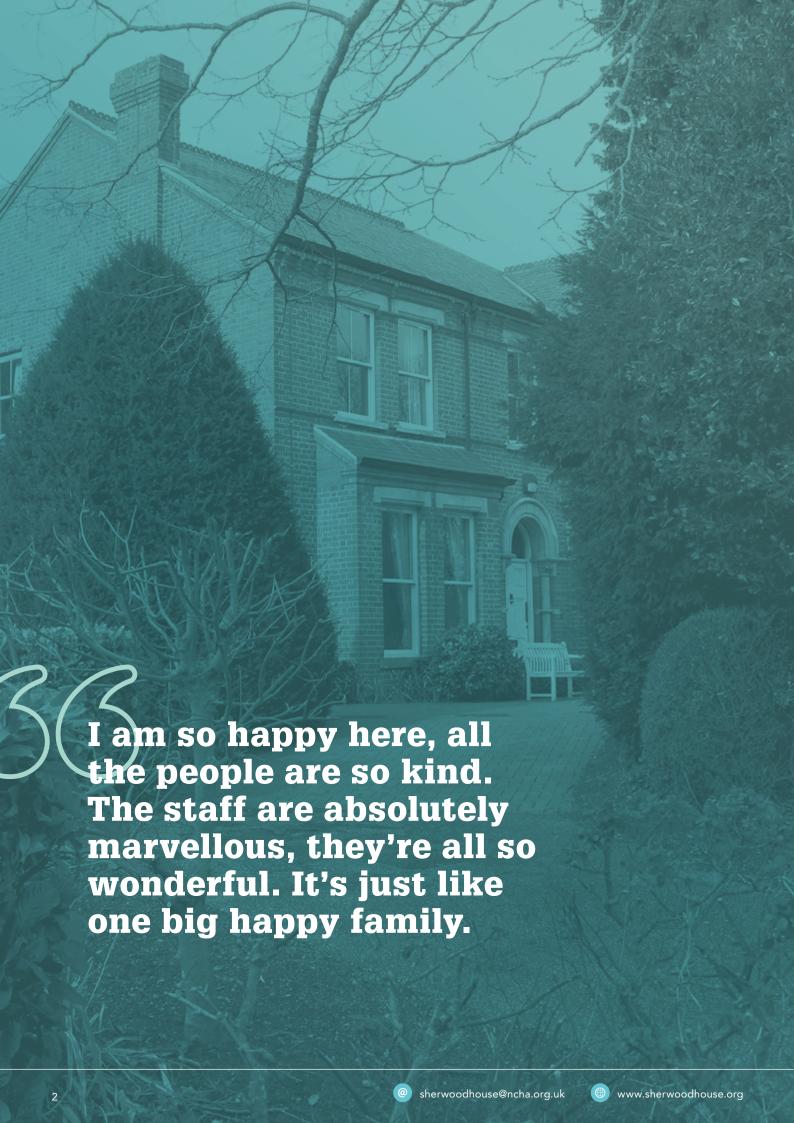
Incha

Sherwood House

Compassionate, dedicated care for older people in an elegant home







A very warm welcome to **Sherwood House**

Residential care that meets the individual needs of all our residents.

Our beautifully refurbished period home has been fully modernised to meet the varying needs of our residents; including mobility issues, physical disabilities and lack of confidence to live independently.

In the pretty village of Linby, Nottingham, between Ravenshead and Hucknall and close to junction 27 of the M1, we care for up to 19 residents at any one time.

Care of the highest standard

We have a strong, committed, enthusiastic team of staff who pride themselves in providing a 'home from home' experience for all of our residents. The practical and emotional care we provide to residents and their families is of the highest standard and delivered by well-trained, compassionate staff.

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Thank you so much for your devoted care over the years, and your continued support given to family members. We are most impressed with Sherwood House. You are second to none.





Our community

At Sherwood House we have created a community where friendships and memories are made.

Days are filled with laughter, friendly conversation, activities and outings. There is always plenty to do and families are actively encouraged to be a part of it all.

A weekly programme of events organised by our dedicated activity coordinator keeps our residents busy, including afternoon tea parties, garden parties, quizzes, bingo and movie nights. Residents are welcome to join in as much or as little as they like.

For those who like to get out and about we can arrange supported trips to local parks, museums and historic buildings, as well as meals out and other events.

The beautiful, mature grounds are available for residents and their families to use, offering seating areas where people can spend time reading, chatting, or simply watching the birds.

Friends and family are always welcome to visit their loved ones at Sherwood House.

We've got such a lovely garden. We sit outside lots in the summer and we often have our afternoon tea out there. Last vear we even held a summer fete, and invited all our family and friends.





Our home

Sherwood House is an elegant, period home providing residential care for up to 19 people.

All our rooms are spacious, light and airy and have en-suite, accessible toilet facilities.

Residents are encouraged to personalise their space and bring along pieces of furniture and personal mementos to ensure they feel at home.

TV points are available in every room and there is a communal computer in one of the lounges for all to use.

A local hairdresser visits Sherwood House each week and treatments can be arranged for any of our residents.

We have a range of communal areas that support group activities and time spent with friends. There are two light, airy sitting rooms and a sunny conservatory where residents can enjoy the view of the garden on cooler days. Our beautiful grounds have been developed over the years by many of our residents who have a keen interest in gardening.

We also have a sheltered terrace which provides a relaxing space to sit and read or talk to friends and family.







Thank you for taking such good care of our Dad. Thanks to your amazing support he really couldn't have a happier home. We also need to thank you for the support you have shown to us, his family over the years.

Our approach

At Sherwood House, we are dedicated to providing individual care with dignity and respect that meets each individual's needs.

We employ an informal, relaxed approach to ensure that we maintain our home from home feel, but we always deliver our care with absolute professionalism.

Working with residents, we develop personalised care plans that reflect their needs and review plans on a regular basis to ensure all care requirements are met.

Local volunteers, trained in befriending or delivering activities are a vital part of our community at Sherwood House. They work with our residents to support active and fulfilled lives.

We support and accompany residents on medical appointments, and if needed we'll arrange for doctors and nurses to visit the home.

We also offer respite care to individuals, for varying lengths of time, dependent on their needs. Whether they are with us for a few days, or a few weeks, a pre-admission assessment is always undertaken, to ensure that the care we offer meets each person's individual needs and requirements.

We have a number of people who enjoy coming to us for regular respite throughout the year, they see it as a little holiday.

You make my Mum feel very loved and I know she feels very much at home with you.







Quality of care

We invest in learning and development opportunities for all of our staff, to ensure the care delivered is second to none.

Our Quality Team make regular visits to the home to make sure we are meeting the Care Quality Commission (CQC) guidelines and providing the best possible care.

It's important to us that we strive to constantly improve our care and the service offered to residents and their families. We hold regular resident and relative meetings to share information about the home and to receive feedback. We also conduct an annual survey and publish these results with an action plan on what changes we'll make to carry on improving.





My family found this home for me. My daughter visited and said: "I've found the perfect spot." When my grandson comes to visit, he always says: "This isn't a home, it's more like a hotel!"

Fresh, home-cooked food

It wouldn't be home without some good, old-fashioned home cooking.

We know just how important good quality food is for both your health and happiness, so we work closely with our suppliers to ensure every meal is tasty and nutritious.

Our meals are freshly prepared on site, and our chef puts together a great seasonal menu each week, working with our residents to find out their favourite things to eat.

Because all dishes are cooked right here in our own kitchen, we can cater to specific dietary requirements, building them into each resident's personal care plan.

We create a relaxed, communal dining experience, more like a restaurant, with several options available for each meal. Many residents choose to sit together and socialise over breakfast, lunch and their evening meal, but are equally welcome to have their food in their room if they prefer privacy. Guests are always welcome to join residents for meal times.

A small kitchen is also available for residents and their guests to use.

With every meal there's a menu we can choose from and the food is lovely!



Here to make life happier

Our well trained staff at Sherwood House are deeply committed to providing the best possible care and support to all our residents and their families.

Our compassionate, enthusiastic and dedicated team make a real difference to people's lives.

The team's approach is individual to each resident. They spend time really getting to know each person, to ensure their specific needs are met.

Every staff team member brings their personality to work with them, creating a warm, informal family atmosphere that helps residents and their loved ones feel right at home.



Cath, Shift Leader

"My work is very important to me. At the end of my shift I like to know that I have done my very best, that I have given the residents the best day they can have.

"I know I've done a great job when I can see the smiles on all the residents' faces.

"It's so friendly here, and because we're a small home with only 19 bedrooms we're all really close. We're a family."



Pavlina, Office Manager

"I'm so happy working at Sherwood House. It's a real home here. Many residents are here for a long time and they become like family to us.

"We work hard to give residents a great quality of life. Everyone here is so welcoming and supportive, it creates a real feeling of home."





I've worked at Sherwood House since it opened and I can't imagine working anywhere else.

I oversee the care that is given. My top priority is making sure everyone is happy, safe and cared for in the way that they want to be supported.

We have a strong, committed, enthusiastic team. We pride ourselves on creating a 'home from home' for our residents. The staff and residents here are my extended family.

Andrea, Manager

Choosing the right home for you

NCHA Care and Support at Sherwood House take pride in delivering quality care for you or your loved one.

\odot	Residents feel welcomed, at home and part of our community
\bigcirc	Staff are friendly, caring and dedicated
\bigcirc	Clean, fresh and homely atmosphere
\bigcirc	Beautiful period property with high ceilings and original features
Ø	A peaceful setting, set back from the road
\bigcirc	Spacious, bright rooms, all with en-suite facilities
\bigcirc	Home comforts such as pictures, plants and keepsakes are encouraged
\bigcirc	Easily accessible – with lift and wheel chair access
\bigcirc	Secure access entrances
\bigcirc	Personalised care and support plan tailored to each resident
\bigcirc	Respect for personal needs, dignity and privacy
\bigcirc	Regular activities throughout the week
\bigcirc	Home-cooked food available daily to suit all diets and preferences
\bigcirc	Central location – close to Nottingham and the M1

Please visit

www.cqc.org.uk

to view our public Care Quality Commissioner's report.



Visit us

If you'd like to meet us in person and find out about life here, we'd be happy to show you around and answer any questions you may have.

We understand that making a choice on residential care for yourself or a loved one can be an emotional time. Our experienced team are more than happy to talk through any concerns you may have, answer any questions and support you through the process.

Please join us for lunch or one of our monthly coffee mornings to get a feel of the home and chat to other residents about their experiences.

Get in touch to arrange a visit by

- 0115 666 6748
- sherwoodhouse@ncha.org.uk
- www.sherwoodhouse.org



